

The Opt-Out Family Pledge



In our household, **we reject the lie that technology is neutral.**

- We celebrate the present moment we are given.**
- We pause to look at and listen to others.**
- We believe wisdom is more important than knowledge.**
- We face life's challenges together.**
- We make our own fun.**
- We know that easier is not better and different is not wrong.**
- We remember that influence is earned.**
- We build habits that support our values.**

By taking this pledge, we will commit to the understanding that
people are more important than phones.

We will look up. We will chase mystery. We will be free.



Signature

Date